



協康會
HEEP HONG SOCIETY



APED
Academy for Professional Education and Development
專業教育及發展學會



Professor Susan Young

Director of Psychology Services Limited at the UK

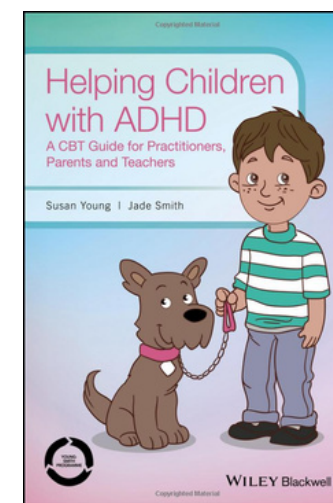
Both workshops focus on specific strategies and practical techniques to address symptoms, problem behaviours and emotional difficulties in children / adolescents / adults with ADHD. Based on behavioural and cognitive interventions and using vignettes in small group exercises, attendees will develop practice and skills in the delivery of treatment protocol.

Certification Workshop I

Helping Children with ADHD: CBT Programme Delivered Individually to Children Age 5-12 (PROF-HO-23-00155)

16 - 17 February 2024 (Fri & Sat) 9:30am - 5:30pm

- Using the Young-Smith modular programme to help children (age 5-12) with ADHD
- Deliver cognitive behavioural therapy (CBT) effectively in helping children to enhance social skills, self-esteem and problem-solving skills through structured narrative



Registration & Details:



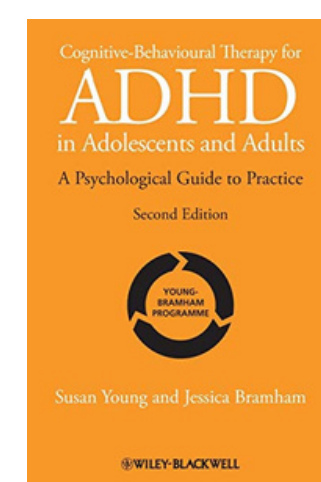
Purchase links:
Wiley: bit.ly/43WrMRX
Amazon: bit.ly/45kR0uC

Certification Workshop II

CBT and Coaching Techniques for Adolescents and Adults with ADHD for Age 13+ (PROF-HO-23-00156)

19 - 20 February 2024 (Mon & Tue) 9:30am - 5:30pm


- Using the Young-Bramham modular programme to help young people and adults (age 13+) with ADHD
- Develop an understanding about the psychological treatment needs of young people growing up with ADHD and how to address them



Registration & Details:




Purchase links:
Wiley: bit.ly/3OLT6xP
Amazon: bit.ly/47kZDqJ

 **Target:** Psychologists, occupational therapists, speech therapists, physiotherapists, healthcare professionals, teachers, social workers, counsellors with relevant experience and interested parents


 **Class size:** 30 per workshop

 **Regular price:** HK\$7,000 per workshop


 **Early bird:** HK\$6,300 per workshop (register before 30/11/2023)


*fee excludes the Young-Smith book (first edition) and the Young-Bramham book (second edition)

 **Medium:** English

 **Venue:** APED of Heep Hong Society (Unit L, 11/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon, Hong Kong)

 **CPD:** Application in process

 **Certification:** Attendees will receive a certificate upon 100% completion of training

 **Remark:** Participants are required to purchase and bring along the Young-Smith book (first edition) to workshop I or the Young-Bramham book (second edition) to workshop II

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